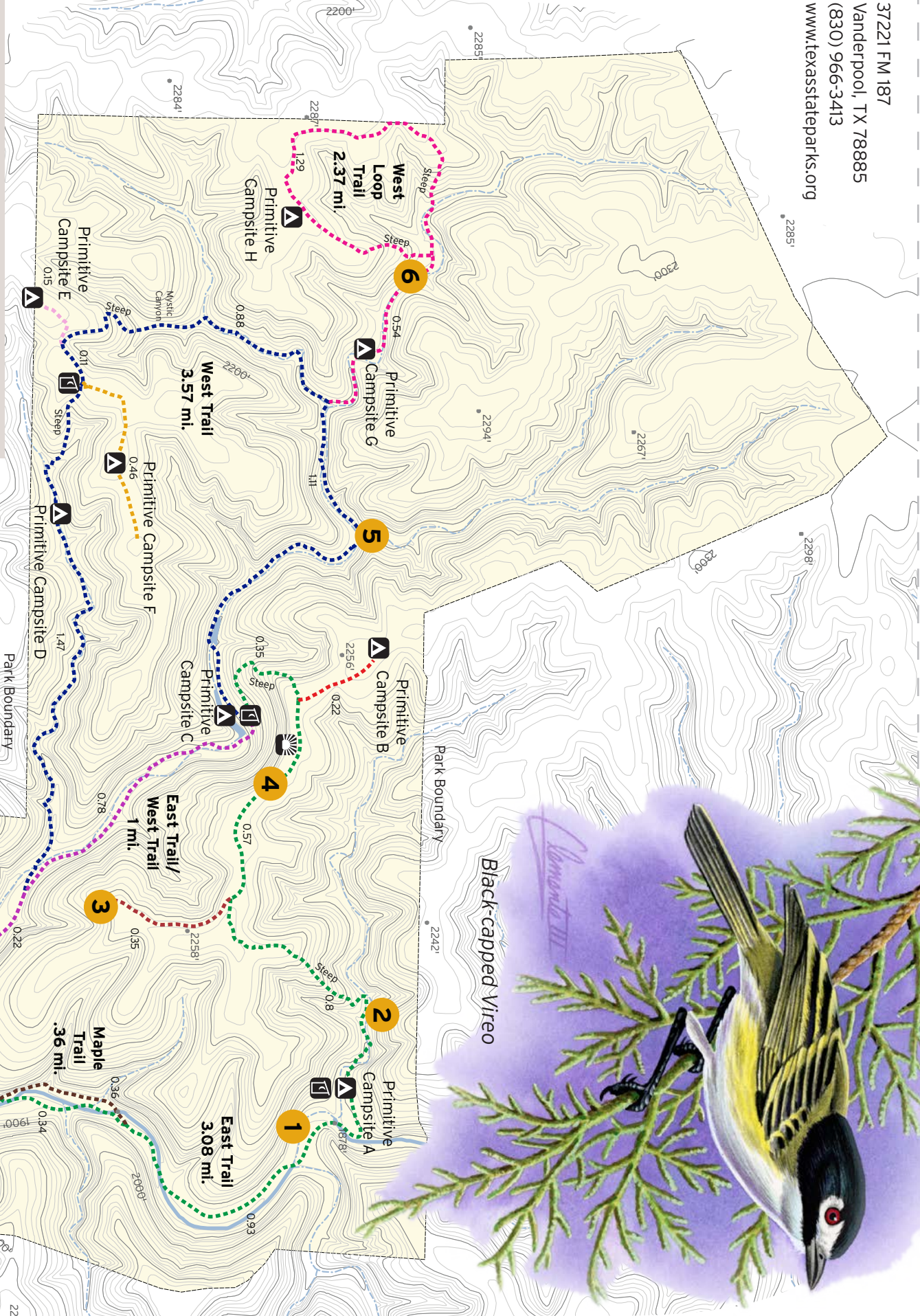


# Lost Maples State Natural Area

## Trails Map

37221 FM 187  
Vanderpool, TX 78885  
(830) 966-3413  
www.texasstateparks.org



### POINTS OF INTEREST

(GPS coordinates shown in degrees, minutes, seconds)

- 1 MONKEY ROCK**  
29° 49' 43.37" N 99° 34' 10.63" W  
You'll have no trouble spotting the unique limestone outcrop fondly nicknamed "monkey rock". Look for the plants growing on the cliff walls, supported by water that seeps from underground.
- 2 GROOTTO**  
29° 49' 52.49" N 99° 34' 27.01" W  
Enjoy the peaceful setting and cooler temperatures of this geologic wonder. Listen for the water that supports the growth of maidenhair ferns and other plants.
- 3 SCENIC OVERLOOK**  
29° 49' 18.49" N 99° 34' 4.3.18" W  
Detour 1/3 mile one-way to discover views of the Sabinal River valley below.
- 4 SCENIC OVERLOOK**  
29° 49' 38.94" W 99° 35' 0.8 W  
Get a "bird's eye" view of the East and West trails. Listen for the raven's croak-like call, and look for soaring vultures and zone-tailed hawks as you enjoy the view for miles around.
- 5 SPRING**  
29° 49' 51.11" N 99° 35' 38.45" W  
Enjoy a break on the West Trail as you listen to the soothing trickle of the spring.
- 6 SPRING**  
29° 49' 56.5" N 99° 36' 16" N  
As though appearing from nowhere, this spring is one of several life -sustaining springs at Lost Maples State Natural Area.

### LEGEND

- ★ Headquarters
- 🚻 Restrooms
- P Parking
- 👁 Wildlife Viewing
- 🌅 Scenic Overlook
- 🏠 Day Use Area
- 🚮 Dump Station
- 🚻 Full Hook Ups
- 🏠 Primitive Tent Camping
- 🚽 Composting Toilet

### NOTES:

All trails are hiking and biking for the first 1 mile after which all trails are hiking only.

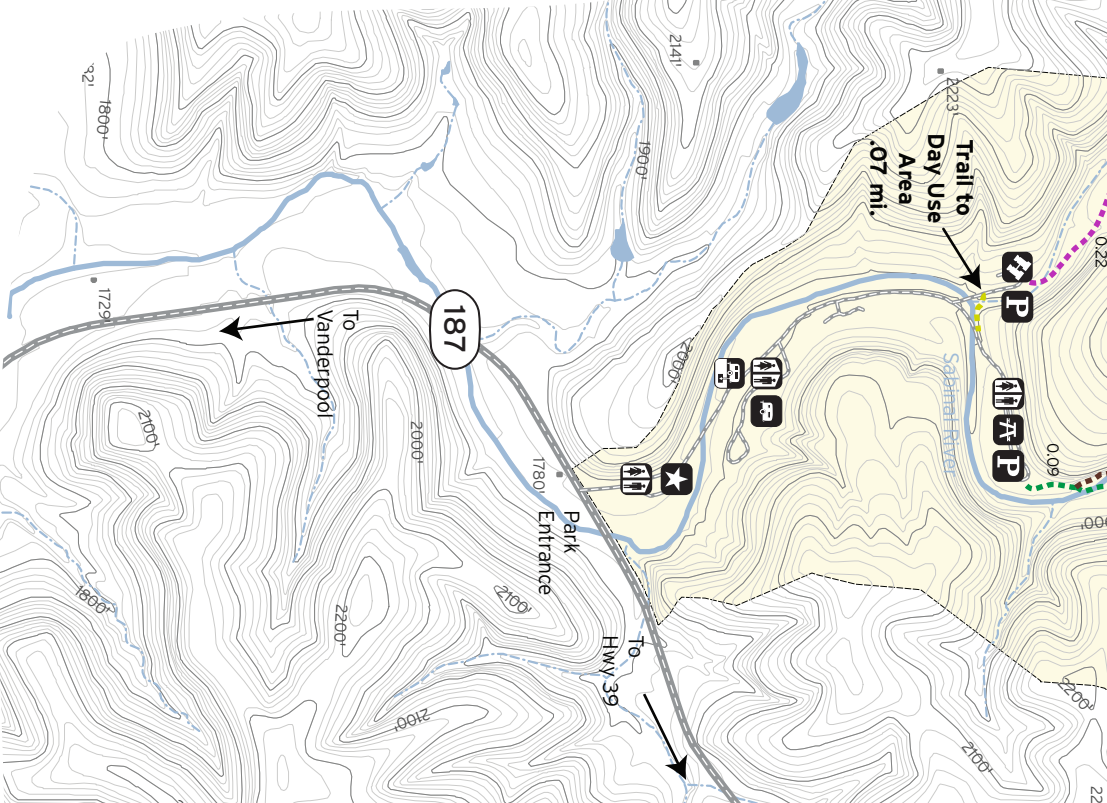
Contour intervals are 20 feet.

Trail lengths are in miles.

Elevation levels are in feet.

No claims are made to the accuracy of the data or its suitability to a particular use.

Map compiled by Texas State Parks staff.



SCALE IN MILES





## Discover beauty along the river, prairie and woodlands.

Known for its showy bigtooth maple trees, Lost Maples State Natural Area offers several miles of rugged hiking trails through a quiet area of sheltered canyons, spectacular views and scenic woodlands. Find a diversity of plants and wildlife as you explore this beautiful area.



Golden-cheeked Warbler

### STAYING SAFE

**KNOW YOUR LIMITS.** Prepare for sun and heat. Wear sunscreen, insect repellent and appropriate clothing/hiking shoes.

**DRINK PLENTY OF WATER.** Your body quickly loses fluids when you're on the trail. Bring a quart of water per hour of activity.






**TELL OTHERS WHERE YOU'LL BE.** If possible, avoid exploring alone. Tell someone where you are going and when you plan to return.

**WEAR A HELMET.** When biking, check with park HQ to match the ride to your skill level. Wear a helmet to protect yourself in case of a crash.

**YOU MAY NOT BE ABLE TO CONNECT.** It's a good idea to take along a cell phone and GPS unit, but don't count on them.

**PORTIONS OF THE TRAIL ARE STEEP AND RUGGED.** Please use caution.

FOR EMERGENCIES, PLEASE CALL 9-1-1.

TRAIL	DIST	TIME	DIFFICULTY	DESCRIPTION
 <b>MAPLE TRAIL</b>	.36 mi.	20 min.	Easy	This short hike showcases a large stand of relict bigtooth maple trees. See if you can figure out how the bigtooth maple earned its name.
 <b>EAST-WEST TRAIL</b>	1 mi.	45 min.	Easy	Take a hike along one of the tributaries of the Sabinal River. Enjoy the shaded spots and beautiful trees, and consider which trail you may take if you lengthen your hike - West or East.
 <b>EAST TRAIL</b>	3.08 mi.	3 hrs.	Challenging	Discover bigtooth maples, bald cypress and sycamore trees along the spring-fed Sabinal River. As you transition upward on the rocky slopes, you'll be rewarded with scenic views and spectacular rock faces. There are a couple of steep areas, so be prepared with plenty of water and good hiking shoes.
 <b>WEST TRAIL</b>	3.57 mi.	3.5 hrs.	Challenging	Take a detour over to this shady and peaceful Ashe juniper grove. Keep your eyes open for wildlife such as the endangered Golden-cheeked Warbler which uses Ashe juniper bark for building nests.
 <b>WEST LOOP TRAIL</b>	2.37 mi. Round Trip	1.5 hr.	Moderate	Discover hidden treasures on this short walk! You'll find a historic bridge and impeccable rock walls and staircases built by the Civilian Conservation Corps.

### TRAIL ETIQUETTE

**Trash your trash.** Keep the park natural. Pack out all of your trash and Leave No Trace.

**Leave feeding to nature.** Feeding wild animals may make them sick and more likely to cause harm to people.

**Take only memories and pictures.** Please don't disturb or remove any of the park's plants, animals or artifacts.

**Primitive camping is allowed.** Check with park HQ for information on areas where you may camp. Only containerized cooking is allowed, no charcoal.

**Campfires are permitted only in designated rings** in the water and electric area, but not in the primitive camping area due to potential for ground scarring and wildfires.

**Keep pets on leashes** to keep them safe while protecting wildlife.